

## Case Studies and Testimony of Jean and Julianne's work

### Case Study 1

#### Belle - Thoroughbred X

Belle is a beautiful thoroughbred X aged 9 years. When Jean first met her she was in a state of high anxiety, her owners – who love her dearly – felt that they were not able to cope with her. After the first twenty minute healing session she was more relaxed and some hours later she was found in the field lying down – something that her present owners had not seen her do before.

During the following two healing sessions Jean experienced seeing pictures of her past, which had not been happy. She had been rescued from a meat market and then sold on to a family who had high hopes for her. With her good looks and stature it was thought she would do well in the show jumping ring. But she showed Jean that she hated jumping and was made even more unhappy because of the liberal use of the whip on her right shoulder and behind the saddle. Whilst working on these areas during the first session, her breathing rate increased. In the past she had turned on anyone who touched these places. Her anxiety was caused by the fact that she thought she would be taken away from this her first truly loving home – where she is loved for who she is.

By using a combination of Reconnective Healing and Animal Communication Julianne and Jean were able to tap into the reasons for her behaviour, heal past issues and re-assure her that her future would be safe. Her owners are delighted to be able to keep Belle, and we are happy at the wonderful outcome for this truly loving relationship.

### Case Study 2

#### Beloved (known as B)

Beloved is a 34 year old mare living at the Veteran Horse Society's Rehabilitation Centre.

When her best friend, Sylvia, passed away B was grief stricken, very low and was not eating. After her first healing and communication session B's appetite started to return and within days she was eating normally. Her progress continued over the following weeks and months and she is now really enjoying her life.

*"B was tearful, low in spirit and on the verge of giving up on life completely. It was awful to watch and to be around her. We knew what the problem was but didn't know how to help her. After Jean's visit her whole outlook seemed to change. Now B is back to her usual self and even enjoys the occasional gallop which, at 34 and with arthritic legs, we are in awe to see."*

**Yard Manager – Karen Dobson**

Reconnective Healing is able to heal on all levels and Beloved received emotional and physical healing. Through communication she was re-assured that Sylvia was fine as she showed herself in spirit standing next to B in the field.

### Case Study 3

#### Jet – Welsh Cob

*"Whilst Julianne and I were at a Regional Championship Show, my very demanding horse, little Jet started communicating (talking) with her and it was then that Julianne told me that she was able to communicate with him. Mum and I being ever sceptical listened to what she told us but didn't think anything of it."*

*"Later in the day, Julianne told us that the previous night Jet had been wearing a blue rug. We thought that she had been to his stable for a peep, but there had been no way of her seeing or knowing about this fact, without telling her, as she was at home in Wales that evening and we live in Staffordshire. This was the first night that particular rug had come back from the cleaners and he had it on. For the previous months he had been wearing his black rug."*

*“At this point I became intrigued and started to ask questions about what was wrong with him. He was not right in himself and we could not put our finger on the cause. Jet had continued to work hard and do his best to please but he seemed down in himself and started to lose weight. This was very unlike him. He had competed all last year on a handful of Good Doer a day and all of a sudden we were having to feed him conditioning cubes and stamina supplements. Julianne started to tell me so many things that were reflected in his behaviour, such as his suppressed character. He was always such a cheeky chap but he had taken to standing at the back of his stable not finishing any food you put in front of him.”*

*“It was whilst Jet was warming up that he spoke to Julianne and it became apparent he was low in energy and was worrying. He even asked Julianne for sweeties. She looked very confused when she said to Mum he is asking for his sweeties. How on earth would she ever know about his secret stash of sweeties at the bottom of Mum Grooming basket? He always has sweeties when Mum goes in the ring to groom.*

*Sadly we never got to Olympia this year and it was then decided that he just needed some time off to chill out, relax and rest and naturally allowing him to help himself”*

*“Two weeks down the line and I have had to take him back off the conditioning cubes and put him back on rations! He is finishing every last bit of food that is put in front of him and is back to his old cheeky self. **No blood test or any amount of physio could have told me that.** I am just so glad I listened to what Julianne said and now he is enjoying a well-deserved rest with the odd fun rides. I have every faith he will come back to competing next year, feeling so much better after his well-deserved rest. I dread to think what next year’s outcome could have been if we had not taken Julianne’s advice.”*

#### **Case Study 4**

##### **Finn - ex-racehorse**

*“I have had 3 years of ups and down, tears and heartbreak thinking that Finn – my ex racer- will never be able to have a career after racing. People even recommended putting him down, selling him on, but to whom could I sell him? He was just so unsafe and unpredictable and we went through a series of different instructors where he seemed to get worse. We finally found an instructor that understood him and things went well for a time. Then Finn was diagnosed box rest for 6 weeks. Considering he was such a nightmare to ride he was a perfect patient, until we came to bring him back into work.”*

*“All the good work that we had done just seemed to have disappeared. I was absolutely gutted and we just could not get him back to where he was. The only way I can describe it was as if he had lost all self-confidence in himself during the box rest. I was quickly back to the point where I was a nervous wreck every time I had to ride him. I was making sure that nothing else was going on in the arenas or that there was anyone else around, just to have half a chance of him keeping 4 feet on the floor. I was getting fed up of constantly battling with the bucks and temper tantrums of his insecurity. I had finally run out of ideas and did not know what to do with him any more and my plans of him being a show horse had gone from bad to worse. I then contacted Jean. It was unbelievable what she told me about his past in racing, how he was feeling and also what Jean was able to relay back to him on my behalf.”*

*“The difference in Finn is just fantastic, he is more chilled out and happy to be with me, it is absolutely unbelievable. I have actually enjoyed riding him and being with him more in the past 2 weeks than I have in the past 3 years. I am enjoying him so much that it has got to the point where I even sneak off work early because I cannot wait to ride him. Jean told me some things that I needed to do to help him, which I am sure have made a difference. - just simple things like telling him what I expect him to do in the arena, e.g. jump or flat. People look at me like I am stupid telling him we are going to jump! I don't care. They aren't the ones that have been scared stiff at the thought of even riding him let alone getting on! The best part is I can now actually take him on a hack and ride him in the arena with other horses, yes with other horses!!!! I am just so happy that I can now start to enjoy him and can't wait to start taking him out and about during the next season.”*

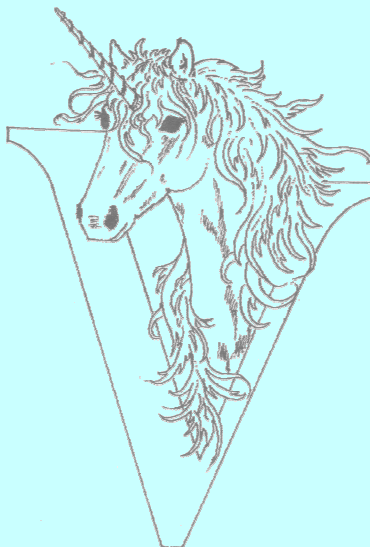
**Prayer:** *I ask and pray that the hearts of humans be open to all horses. Please help us to honour and care for them. Show us the way to live in harmony, love, peace and mutual respect with horses everywhere. Enable us to acknowledge their worth and their mighty spirits. May there be joy and understanding between the human and horse kingdoms\**

\* Taken from 'The Wonder of Unicorns' by Diana Cooper. Published 2008 ISBN no: 978-1-84409-143-0



\*\* The photograph above demonstrates with understanding and communication horses can start to learn to trust – this photograph is available to buy as a card.

## **VETERAN HORSE SOCIETY**



**REHABILITATIVE HEALING**